**EDUCATION**

Sam Houston State University Huntsville, TX

Doctor of Philosophy in Clinical Psychology Expected May 2023

***Dissertation:*** *Plea bargaining comprehension among diverse populations* GPA: 4.0

John Jay College of Criminal Justice, City University of New York New York, NY

Master of Arts in Forensic Mental Health Counseling May 2018

***Thesis:*** *Prior mental health treatment and mental health court program outcomes* GPA: 4.0

Cross Cultural Center for Learning Rabat, Morocco

Study Abroad, Winter Term January 2017

High Point University High Point, NC

Bachelor of Science in Psychology May 2016

Bachelor of Arts in Criminal Justice GPA: 3.9

***Minors:*** *Statistics and Spanish*

The Washington Center Washington, DC

Law and Criminal Justice Program August – December 2014

Pontifical Catholic University of Valparaíso Valparaíso, Chile

Study Abroad, Maymester May – June 2014

**PROFESSIONAL EXPERIENCE**

TELEPSYCHOLOGY BEST PRACTICES 101 WEBINAR SERIES Huntsville, TX

*Attendee, American Psychological Association* April 12, 2020

* Attended six-hour, three-part webinar regarding best practices for providing telepsychology
* Part one of the series focused on clinical evaluation, cultural competence, and documentation
* Part two of the series focused on technology, such as video, email, text messaging and use of applications
* Part three of the series focused on legal, regulatory, and ethical rules

RORSHACH TRAINING WORKSHOP Huntsville, TX

*Attendee, Sam Houston State University* July 25, 2019

Workshop Presenter, Dr. Jaime Anderson

* Attended eight-hour workshop regarding the Rorschach projective assessment
* Gained expertise regarding the administration and interpretive procedures of the assessment
* Learned more information regarding the psychometric properties and normative data

CONCEPT PROFESSIONAL TRAINING WORKSHOPNew York, NY

*Attendee, John Jay College of Criminal Justice Summer Training Institute* June 7, 2017

Workshop Presenter, Dr. David DeMatteo

* Attended seven hour workshop entitled “Evidence for Forensic Mental Health Professionals”
* Gained further insight regarding the admissibility of expert reports and expert testimony
* Discussed case law and rules of evidence in relation to admissibility of evidence
* Reviewed the ethical responsibilities and best practice recommendations for Forensic Mental Health Professionals

METROPOLITAN POLICE DEPARTMENT Washington, DC

*Intern, Domestic Violence Unit / The Washington Center* August 2014 – December 2014

Supervisor, Lt. Michelle Robinson

* Assisted victims of domestic violence in filing civil protection orders against their abusers.
* Helped the officers with their daily tasks of recording the status of civil protection order cases.
* Completed 32 hours of internship work weekly.

GUILFORD COUNTY JAIL High Point, NC

*Life Skills Class Instructor* September 2013 – December 2013

Supervisor, Dr. Heather Ahn-Redding

* Taught a weekly, hour-long course on various life skills, such as anger management, job skills, and money management, to twenty female inmates at a local jail in hopes of easing their reintegration into society following release in collaboration with a classmate.
* Implemented appropriate material based on needs of the inmates.
* Exerted classroom management techniques in order to maintain controlled dynamic during classes.

**CLINICAL SUPERVISION**

WALKER COUNTY COMMUNITY SUPERVISION AND CORRECTIONS Huntsville, TX

*Student Clinician* June 2020 – Present

Supervisor: Darryl Johnson, Ph.D.

* Provide psychological counseling, substance use counseling, anger management to clients at local probation department
* Conduct psychological and substance use evaluations with clients at local probation department using assessment tools including the MMPI-2-RF, WASI, WRAT, and ASI
* Maintain caseload of approximately 10-20 clients and conduct weekly and bi-weekly sessions
* Meet one-hour weekly with supervisor to discuss client caseload
* Implemented diverse therapeutic techniques including DBT, CBT, ACT, CGT, and STAIR/NST
* Write progress notes and maintain documentation of sessions

SAM HOUSTON STATE UNIVERSITY PSYCHOLOGICAL SERVICES CENTERHuntsville, TX

*Student Clinician* August 2019 - September 2020

Supervisors: Laura Drislane, Ph.D., Temilola Salami, Ph.D., Jaime Anderson, Ph.D.

* Conduct individual therapy sessions weekly with 3 clients
* Develop treatment plans and determine therapeutic techniques to implement
* Meet one-hour weekly with supervisor to discuss client caseload
* Write weekly progress notes and conduct treatment monitoring assessment
* Gained experience providing telepsychology services during COVID-19 pandemic

QUEENS COUNSELING FOR CHANGE Queens, NY

*Mental Health Counseling Intern* May 2017 – January 2018

Supervisor: Larry Menzie, LCSW-R

* Co-facilitate outpatient sexual offender psychoeducation groups in Spanish.
* Develop comprehensive lesson plans and activities that address offenders’ risks and needs and translate material from English to Spanish when necessary.
* Conduct individual therapy sessions once a week.
* Write weekly progress notes and court updates for each client, as well as monthly updates for client’s probation or parole officer as a method of tracking their participation in treatment.

**TEACHING EXPERIENCE**

SAM HOUSTON STATE UNIVERSITY Huntsville, TX

*Class Instructor*, *Psychology Department* August 2019-May 2020

Supervisor, Yuma Tomes, Ph. D

PSY1301: Introduction to Psychology

* Instruct 200 undergraduate students twice weekly regarding introductory psychology material
* Create all lectures and course materials for the course
* Grade all exams and assignments
* Strengthen skill using Blackboard to provide course material to students

JOHN JAY COLLEGE OF CRIMINAL JUSTICE New York, NY

*Teaching Assistant, Psychology Department* September 2016 – May 2018

Supervisor, Suzanne Elgendy, Ph. D.

PSY311: Research Methods in Psychology, PSY101: Introduction to Psychology, PSY242: Abnormal Psychology

* Provide up to 120 undergraduate students with extra assistance and mentorship in psychology courses.
* Hold review sessions prior to exams for lecture course.
* Assist Professor in grading of exams and assignments.
* Gain experience using Blackboard in order to input grades and access uploaded assignments.

**RESEARCH EXPERIENCE**

Jorge Varela (Ph. D.) Multicultural Research Lab Huntsville, TX

*Sam Houston State University* October 2020 - Present

Lab Manager, Department of Psychology

* Schedule and lead lab meetings
* Compose agenda for lab meetings
* Correspond with lab members regarding upcoming lab meetings

Jorge Varela (Ph. D.) Multicultural Research Lab Huntsville, TX

*Sam Houston State University* August 2018 – Present

Research Assistant, Department of Psychology

* Propose independent research projects in collaboration with external organizations.
* Assist with coding and data analysis of ongoing studies.
* Meet regularly to discuss progress of research projects.

Chitra Raghavan (Ph. D.) Victimology Research Lab New York, NY

*John Jay College of Criminal Justice* May 2017 – May 2018

Research Assistant, Department of Psychology

* Transcribed and coded wiretap data for Sex Trafficking research focused on coercive control.
* Met with other group members weekly to discuss progress with research.
* Organized interviews of sex trafficking victims to supplement wiretap data.

Elizabeth Jeglic (Ph. D.) & Cynthia Calkins (Ph. D.) Sex Offender Research Lab New York, NY

*John Jay College of Criminal Justice* September 2016 – May 2018

Research Assistant, Department of Psychology

* Worked with other lab members to conduct various studies related to sexual offenses.
* Attended weekly lab meetings to discuss progress of ongoing research projects and discuss topics relevant to sexual offending.
* Presented research findings at various research conferences nationwide.

Philip Yanos (Ph. D.) Mental Health Recovery Research Lab New York, NY

*John Jay College of Criminal Justice* September 2016 - May 2018

Graduate Researcher, Department of Psychology

* Conducted independent research regarding factors that affect mental health court program completion.
* Assisted other lab members as a research assistant and collaborate on lab projects with other lab members.
* Attended weekly lab meetings to discuss ongoing projects in the lab.

High Point University High Point, NC

*Undergraduate Researcher*, Department of Psychology September 2015 – May 2016

Supervisor: Deborah Danzis, Ph. D.

* Proposed and conducted an original research project on victim blaming in situations of marital rape, acquaintance rape, date rape, and stranger rape to determine if one certain type of rape victim is blamed more for the crime committed against them than another type of victim.
* Collected data and subsequently inputted and analyzed using SPSS.
* Completed write-up and oral defense.

High Point University High Point, NC

*Telephone Interviewer*, Survey Research Center January 2015 – May 2016

Supervisor: Martin Kifer, Ph. D.

* Collected research data for various politically oriented surveys of North Carolina residents via telephone interviews for three hours weekly.
* Data collected has been reported on local and national news channels such as FOX News, NBC, ABC, and CBS.

High Point University High Point, NC

*Research Assistant,* Department of Criminal Justice February 2014 – August 2014

* Assisted Professor Heather Ahn-Redding, Ph.D. with researching and coding data on mass murders throughout America’s History for five hours weekly.
* Examined if the demographic trends of mass murder would be affected if the definition of mass murder were changed to include attempted cases of mass murder.

**PUBLICATIONS**

**Rubenstein, L.,** & Yanos, P. T.(2019). Predictors of mental health court completion. *Journal of Forensic Psychiatry & Psychology,* 30(6)*,* 959-974. doi:10.1080/14789949.2019.1659389

**Rubenstein, L.,** Tabaczyk, O., & Jeglic, E.(2019).Barriers to Education: Policies and perceptions of individuals with histories of sexual offenses in higher education*.* *International Journal of Offender Therapy and Comparative Criminology*, 63(11), 2038-2049. doi:10.1177/0306624X19842031

**Rubenstein, L.** (2016). Who is blamed the most? An investigation into the factors that affect the amount of blame attributed to victims of crime*. Innovation Journal of Creative and Scholarly Works,* 4, 51-60.

**CONFERENCE PRESENTATIONS**

**Rubenstein, L.,** Varela, J. G., Holdren, S. M., Kurus, S. J., Harris, P. B., Turner, D. B. (2020, March). *Predictors of behavioral abnormality findings in sexually violent predator evaluations*. Poster presented at the Annual American Psychology-Law Society Conference, New Orleans, LA.

Kurus, S. J., Holdren, S. M., **Rubenstein, L.,** Varela, J. G., Boccaccini, M. T., Harris, P. B., Turner, D. B., Hamilton, P. M. (2020, March). *Evaluator differences in trends in PCL-R scoring and risk level determination in sexually violent predator civil commitment evaluations*. Poster presented at the Annual American Psychology-Law Society Conference, New Orleans, LA.​

**Rubenstein, L.,** Yanos, P. T., & Varela, J. G. (2019, March). *Predictors of mental health court completion*. Paper presented at the Annual American Psychology-Law Society Conference, Portland, OR.

Kurus, S. J., Holdren, S. M., **Rubenstein, L**., Varela, J. G., Harris, P. B., Strauss, J. P., Franklin, D. W., Turner, D. B., & Hamilton, P. M. (2019, March). *Correlates of behavioral abnormality among sexual offenders evaluated for civil commitment as sexually violent predators*. Poster presented at the Annual American Psychology-Law Society Conference, Portland, OR.

**Rubenstein, L.,** & Tabaczyk, O.(2018, March).*Barriers to education: Administrator perceptions of individuals convicted of sexual offenses*. Poster presented at the Annual American Psychology-Law Society Conference, Memphis, TN.

**Rubenstein, L**., Tabaczyk, O., & Austenfeld, A. (2017, May).*Barriers to education: Policies for individuals with histories of sexual offenses in higher education*. Workshop presented at the Annual Hunter College Psychology Conference, Hunter College, New York, NY.

**Rubenstein, L.** (2017, May). *Prior mental health treatment and mental health court completion*. Poster presented at the Annual Master’s Student Research Group Conference, John Jay College of Criminal Justice, New York, NY.

**Rubenstein, L.** (2016, April). *Who is blamed the most? A further investigation*. Paper presented at the Annual High Point Undergraduate Research Creative Symposium, High Point, NC.

**Rubenstein, L.** (2016, January).*Who is blamed the most? An investigation into the factors that affect the amount of blame attributed to victims of crime.* Poster presented at the Annual National Society for Personality and Social Psychology Conference, San Diego, CA.

**INVITED PRESENTATIONS**

Rubenstein, L. (2020, October). *Barriers to higher education for persons convicted of sexual offenses*. Forensic Grand Rounds Presentation at Alberta Health Services, University of Alberta. Alberta, Canada.

**AD HOC REVIEWING**

Journal of Offender Rehabilitation (Impact Factor = 1.02)

**HONORS AND AWARDS**

American Psychology-Law Society Student Travel Award Recipient, Sam Houston State University, 2018

Robert S. Morrow Prize for Academic Achievement, John Jay College of Criminal Justice, 2018

Psychology Department Graduate Merit Scholarship, John Jay College of Criminal Justice, 2017

Junior Marshal, High Point University, 2015

All University Honors Scholarship Recipient, High Point University, 2015

Outstanding Psychology Student of the Year, High Point University, 2014-2016

High Point University Honors Program, 2012-2016

Dean’s List, High Point University, 2012-2016

Presidential Scholarship Recipient, High Point University, 2012-2016

**PROFESSIONAL HONOR SOCIETIES**

Psi Chi, International Psychology Honor Society

Alpha Chi, National Collegiate Honor Society

Alpha Phi Sigma, National Criminal Justice Honor Society

Sigma Delta Pi, National Spanish Honor Society

Order of Omega, Greek Leader Honor Society

National Society of Leadership and Success

**PROFESSIONAL AFFILIATIONS**

American Psychological Association

American Psychology-Law Society

Society for Personality and Social Psychology

**ORGANAZATIONS**

Sam Houston State University Clinical Psychology Doctoral Program Diversity Committee Huntsville, TX

*Student Member* May 2020 – Present

* Meet weekly to discuss issues related to diversity within the program and field of psychology
* Plan events to promote diversity and provide education regarding diverse groups
* Come up with action items in order to promote social justice within the program and the university

Court Appointed Special Advocate (CASA) of Walker County Huntsville, TX

*Volunteer Advocate* February 2019 – Present

* Serve as guardian ad litem for children within the foster care system
* Advocate for child’s medical, educational, behavioral, and social needs
* Meet with child, caregivers, and supervisor on monthly basis
* Attend educational in-service presentations regularly to better assist children in need

Sam Houston State University Graduate Student Psychological Organization Huntsville, TX

*Treasurer* May 2019 - September 2020

* Organized fundraisers for the psychology graduate programs
* Planned social events for the psychology graduate programs
* Participated in volunteer opportunities in collaboration with other campus organizations

**RELATED SKILLS**

• Advanced Proficiency in Spanish Language.

• Advanced Proficiency in Titanium, CSS, SPSS, R, STATA, WINCATI, Qualtrics, Blackboard, Microsoft Excel, PowerPoint, and Word.

**REFERENCES**

**Jorge G. Varela, Ph. D.**

Sam Houston State University

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**Larry Menzie, LCSW-R**

Queens Counseling for Change

Executive Director

(718)424-6191

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**Philip T. Yanos, Ph. D.**

John Jay College of Criminal Justice

Director of Clinical Training

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